

Patient Name: _____ DOB: ____ / ____ / ____

Due Date: ____ / ____ / ____ Patient Phone: (____) _____ - _____

Diagnosis:






- R10.2 Pelvic and perineal pain
- O71.89 Other specified obstetric trauma (Diastasis Recti)
- K42 Umbilical hernia
- O70 Perineal laceration during delivery:
 - O70.0 First degree perineal laceration during delivery
 - O70.1 Second degree perineal laceration during delivery
 - O70.2 Third degree perineal laceration during delivery
 - O70.3 Fourth degree perineal laceration during delivery
 - O70.4 Anal sphincter tear complicating delivery, not associated with third degree laceration
- M54.5 Acute or chronic pain in the lumbar or sacral regions
- M25.551/M25.552 Hip pain R/L
- S30.23 Contusion of vagina and vulva
- R10.30 Lower Abdominal, inguinal, groin pain
- N81 Female genital prolapse:
 - N81.2 Incomplete uterovaginal prolapse
 - N81.3 Complete uterovaginal prolapse
 - N81.4 Uterovaginal prolapse, unspecified
- N81.8 Other female genital prolapse:
 - N81.83 Incompetence or weakening of rectovaginal tissue
 - Other: _____
 - Other: _____

HCPCS

L8310: TRUSS, DOUBLE WITH STANDARD PADS

A9273: HOT WATER BOTTLE, ICE CAP OR COLLAR, HEAT AND/OR COLD WRAP, ANY TYPE

Style:

<input type="checkbox"/> Postpartum System	<input type="checkbox"/> Maternity System	<input type="checkbox"/> Abdominal Ice/Heat	<input type="checkbox"/> Lower Back Ice/Heat	<input type="checkbox"/> Extender Bands			
							
<input type="checkbox"/> XS	<input type="checkbox"/> S	<input type="checkbox"/> M	<input type="checkbox"/> L	<input type="checkbox"/> XL	<input type="checkbox"/> 2XL	<input type="checkbox"/> 3XL	<input type="checkbox"/> 4XL

Physician Signature: _____

DISPENSE AS WRITTEN NO SUBSTITUTION

NOTE TO PATIENT: The completed Rx should be submitted directly to your insurance provider.

Date: ____ / ____ / ____

Mama Strut applies clinically proven Sports Medicine technology to new mama care. P.R.I.C.E.S. followed by doctors, physical therapists and trainers to treat soft tissue damage and pain. Protect, Rest, Ice, Compress, Elevate and Support. Manage pain, swelling, bleeding, and pressure naturally with Mama Strut-- effective, simple, natural.



The Mama Strut System

Mama Strut's soft brace construction is uniquely engineered to deliver adjustable compression and heat/ice therapy to reduce post birth pain, swelling and cramping from vaginal deliveries and c-sections. It supports the back, hips, perineum, and abdomen with multi-directional adjustable compression. Designed for comfort, it fits discreetly under clothing and is made with moisture-wicking, anti-microbial fabric for gentle care. Includes 2 perineum gel packs with removable pouches.



The Mama Strut Maternity System

Maternity Mama Strut supports your growing abdomen with 2 layers of velcro straps, adjustable lower back / hip support that is engineered to stay in place. Vagina/perineum support for counter pressure on swelling, prolapse and vulvar varicosities in combination with ice/heat therapy. Includes 2 perineum gel packs with removable pouches.



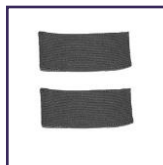
Abdominal Accessory

Securely attaches to Mama Strut for ice/heat.



Lower Back Accessory

Securely attaches to Mama Strut for ice/heat.



Extender Bands

Extender bands are used to give an extra 3" of waist flexibility so that you can wear your Mama Strut even if you are exceptionally swollen in the abdomen after giving birth.



Size	Fits Postpartum Size	Size	Fits Postpartum Size
XS	29" to 34" (73cm to 87cm)	XL	42" to 48" (107cm to 123cm)
S	32" to 37" (82cm to 94cm)	2XL	48" to 54" (122cm to 137cm)
MED	35" to 42" (94cm to 107cm)	3XL	54" to 60" (137cm to 152cm)
LG	38" to 45" (97cm to 115cm)	4XL	60" to 64" (152cm to 163cm)