



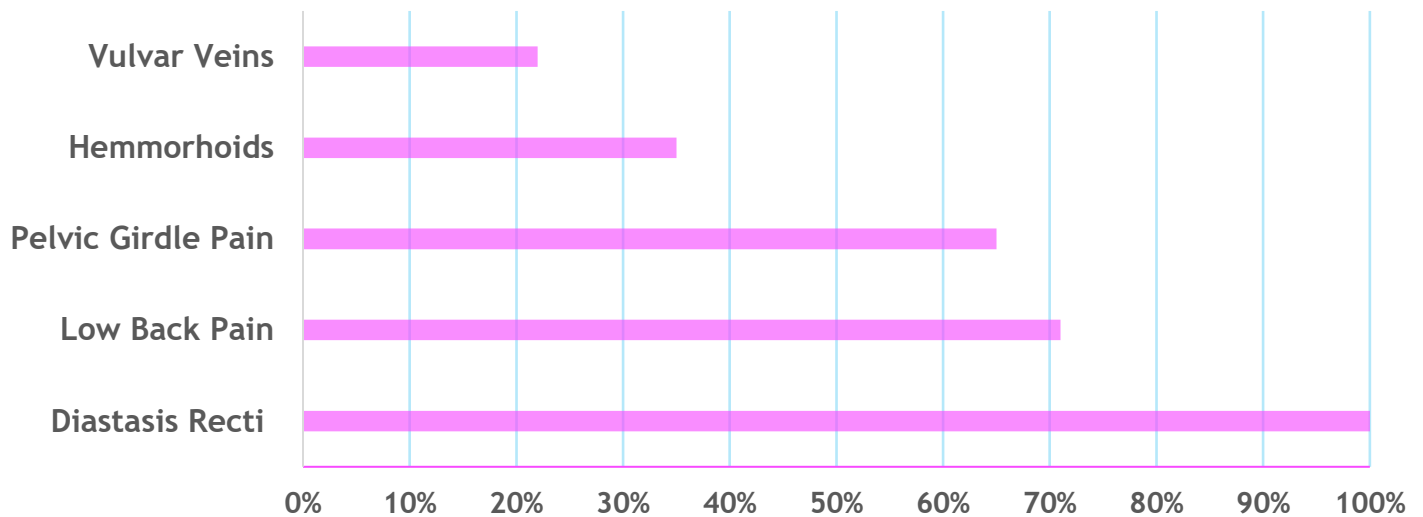
Health Professionals and Moms Agree  
That Mama Strut is the  
**#1 Maternity Support System**

Mama Strut is a patented pelvic soft brace that is uniquely engineered to deliver heat/ice therapy to reduce pelvic, SI joint, lower back pain and vulvar swelling. With multi-directional support for all sides of the pelvis including: the pelvic floor, back, hips (SI) and abdomen and removable ice/heat pouches right where mamas need it.

## The Pressure on Pregnant Women

The nine-month journey to birth can be like a gauntlet for some women, especially those that suffer from Chronic Pelvic Pain (CPP) and Lower Back Pelvic Girdle Pain (LBPGP). In today's society women must balance their workplace commitments, household commitments, parenting, maintaining a healthy body and preparing for their baby's arrival. This balance can easily be thrown off when experiencing the high levels of back and pelvic pain that has been reported by women.

### Pain in Pregnancy



#### Pain In Pregnancy Citations

<sup>1</sup> August 2012 Spine Journal (Lower back and Pelvic Pain Percentages)

<sup>2</sup> Abramowitz L, Batallan A. (Hemorrhoids Percentage)

<sup>3</sup> International Journal of Women's Health 2017 (Vulvar Veins Percentage)

<sup>4</sup> Gillard & Brown 1996, Diane Lee 2013 (Diastasis Recti Percentage)

# Mama Strut Supports All Mamas

Physically Active  
& Training Moms



Pelvic Floor, SI  
Joint, Vulvar Veins



Mamas Of  
All Sizes (XS-3XL)



Posture Support



Birth Hospitals & Women's Health Providers Benefit by Making Mama Strut the Standard Maternity Care Device. User Reported Benefits Include:



- Complete Pelvic Support
- Increased Mobility
- Increased Patient Satisfaction
- Natural/Narcotic Pain Management for Perineum, Hemorrhoids, Lower Back Pain and Abdominal Cramping
- Reduced Swelling
- Elevated Mood
- Discrete & Easy to Use



## Patient Testimonials

*"This is truly a game changer. After being on my feet all day with my two older toddlers, it was such a relief to not feel the throbbing pain I had been feeling before. I can wake up in the morning and get out of bed and not want to cry. I love how each product comes with the ice/heating pack inserts that are removable and washable. So smart! Plus, the heating/ice pack feature itself is out of this world. I look forward to that moment after the kids go to bed so I have my feet up with this thing on. Whether I'm icing or heating (or neither), it's amazing. This product has not only lowered my level of physical pain, it has decreased my emotional stress level and positively impacted my relationship with my kids and husband. I'm not cranky mom or wife anymore!" -Christine Cutting*

*"Being able to walk straight and able to wear my maternity dress confidently outside without worry helped me a lot. Also, I really loved the three straps that held the ice pack tight. The product was already nice without them, but the straps made it perfect." -Akiko*

*"I loved that it also was functional as a girdle, it helped with back support since your muscles are tired. I didn't have to take any pain medication when I wore it and it was super comfortable"*  
-Marnette

# The Mama Strut Maternity Pelvic Support Binder is one of the only maternity systems that is Reimbursable by Insurance in the USA!

## Diagnosis codes:

### Recommended ICD-10-CM codes:

- R10.2 Pelvic and perineal pain
- O71.89 Other specified obstetric trauma (Diastasis Recti)
- K42 Umbilical hernia
- O70 Perineal laceration during delivery
- M54.5 Acute or chronic pain in the lumbar or sacral regions
- M25.551/M25.552 Hip pain R/L
- S30.23 Contusion of vagina and vulva
- R10.30 Lower Abdominal, inguinal, groin pain
- N81 Female genital prolapse
  - N81.2 Incomplete uterovaginal prolapse
  - N81.3 Complete uterovaginal prolapse
  - N81.4 Uterovaginal prolapse, unspecified
  - N81.8 Other female genital prolapse
    - N81.83 Incompetence or weakening of rectovaginal tissue

### HCPCS Codes:

- L8310 – Pelvic Truss
- A9273 – Hot water bottle, ice cap or collar, heat and/or cold wrap, any type



Mama Strut by PELV-ICE is currently recommended by many OBGYNs, Midwives, Doulas, Pelvic PT, Chiropractors and Lactation Consultants at top facilities and national mommy organizations including but not limited to:



To learn more about the Mama Strut Postpartum System and the insurance process, or to request a demo/sample please contact [Brittan@Pelv-ice.com](mailto:Brittan@Pelv-ice.com) or call (844) 370-1858. The E-kit and certificate of medical necessity are also on our website at [MamaStrut.com](http://MamaStrut.com)